

Leg Vein Treatment

- Sclerotherapy or laser therapy of leg veins and spider veins usually involves a series of treatments 6 weeks apart
- A gradual improvement is usually seen
- Some patients DO NOT respond though, and recurrence of vessels is common requiring further treatment
- Your treatment will take 30 – 45 minutes and involve a series of tiny injections or laser spots – it is generally not particularly painful
- You will need to wear compression stockings for 1 week afterwards
- We encourage twice daily walking but no vigorous exercise for 5 – 7 days after
- Complications
 - Bruising and temporary increased pigmentation is common
 - Permanently increased pigmentation is uncommon
 - New vessel formation or venous matting (5 – 10%)
 - Ulcers or scars are uncommon (less than 0.5%)
 - Transient loss of pigment may be seen with laser treatment
 - Deep vein thrombosis (<0.05%) – treatment contra-indicated in those with a personal or family history of clotting problems
 - Allergy to sclerotherapy solution
- NO FLYING for 10 days after treatment